



Decision Maker

Topics and skills covered in this programme include:

Medicines, Staying Safe at Home, Computer Safety, Difference – Gender/Sex, Staying Safe Outside – Roads. Empathy, Choices, Decision Making, Considering Risk and Feelings.

Be prepared:

You are a parent/carers, not a medical or legal expert. You aren't expected to know everything. It's OK to check things and look things up but remember, some online sites aren't reliable. Our family hub has some reliable and trusted sites with more information to help you:

Scan here

<https://link.lsec.uk/family-hub>



Pick the time and place. A calm, quiet place where you won't be overheard or interrupted is best. Don't aim to shock or scare-that approach doesn't work.



What to talk about, useful information and how to word things:

Our parents/carers/guardians help us make sure we take the right amount of medicine.

Problems with friends at school are best sorted at school with the teacher and friends involved.

Boys and girls are equally fun to play with and all can have great ideas.

Cooking at home should always be done with an adult.

Never share your computer passwords-even with friends.

Always wait for the green man sign before crossing the road, even if there's nothing coming.

Leaving people out can make them feel unhappy. How would you feel?

If you find something that doesn't belong to you, always give it to a trusted adult. Someone might be looking for it.

Holding hands with an adult when walking along busy roads is always the safest option.

Treating others unkindly or saying unkind things can make them feel sad.

Always do the right thing, even if someone is telling you to do otherwise.

We are all different in lots of ways. Making fun of someone because they're different from you can make them feel unhappy.