

Decision Maker

Topics and skills covered in this programme include:

Medicines, Staying Safe at Home, Online Safety, Difference – Gender/Sex, Staying Safe Outside – Fireworks. Empathy, Goals, Stress and Worry, Decision Making, Risk, Bullying and Health.



Be prepared:

You are a parent/carer, not a medical or legal expert. You aren't expected to know everything. It's OK to check things and look things up but remember, some online sites aren't reliable. Our family hub has some reliable and trusted sites with more information to help you:

Scan here

<https://link.lsec.uk/family-hub>



Pick the time and place. A calm, quiet place where you won't be overheard or interrupted is best. Don't aim to shock or scare-that approach doesn't work.



What to talk about, useful information and how to word things:

Medicine brought to school should be given to the teacher. Risks to other children if lost or dropped.

Correct stereotypes that boys are better at sport and girls are better at academic subjects. Talk about clever men and successful sportswomen. We are all different and unique.

Plug sockets at home can be dangerous. Allow adults to plug things in. Fit safety guards.

Avoid entering your name and address when working online, even if they offer something free. It may be a trick. The same applies if someone rings on the phone. Pass the phone to an adult.

Ask permission before taking a photograph and never share it without permission.

Working and playing on a computer can be fun but vary your activities and limit time online.

Fireworks are exciting and fun but you have to be 18 to buy and use them. They can be dangerous so always allow adults to deal with them.

Rules are there for a reason, even if we don't always agree with them or understand why. Think of reasons why: We don't play in the toilets, we stop playing at the bell, we only go to classmates' houses when all the adults have said it's OK.

We must always think about how others are feeling when we work and play. This is called empathy.