



Web Warriors

Topics and skills covered in this programme include:

Medicines, Staying Safe at Home, Computer Safety, Difference - Gender/Sex, Staying Safe Outside - Roads. Empathy, Choices, Decision Making, Considering Risk and Feelings.



Be prepared:

You are a parent/carers, not a medical or legal expert. You aren't expected to know everything. It's OK to check things and look things up but remember, some online sites aren't reliable. Our family hub has some reliable and trusted sites with more information to help you:

Scan here

<https://link.lsec.uk/family-hub>



Pick the time and place. A calm, quiet place where you won't be overheard or interrupted is best. Don't aim to shock or scare - that approach doesn't work.

What to say to my children when we talk about/if they ask about:

Year 5 Web Warriors



What to talk about, useful information and how to word things:

Spending time online is not just when on a computer, but any device connected to the internet including phones, iPads, laptops, games consoles. The risks are the same.

Working and playing online has lots of benefits but there are risks - discuss what these could be - include people being unkind, people spoiling your game, people trying to find out information about you, people sending or asking you for pictures.

One way of staying safe is following age restrictions. Research age restrictions of apps your child wishes to use. Some examples - WhatsApp (13+ with parental consent), TikTok (13+), Snapchat (13+), YouTube (13+), Instagram (13+).

Treat strangers online as you would in real life. Avoid accepting invitations and having conversations. Do not give out personal information. Check them out first if they say they know someone you do.

Discuss options for dealing with a problem online: Tell a trusted adult and ask for advice, block and report (an adult can help with this too), use parental controls and review regularly, take a break, check it out - research it and ask others - is it a scam?

Screen time management is also an important safety measure. Latest guidance - 1 hour per day for children aged 2-5, 1-2 hours for children aged 6-12.

Remember that whatever you write and post online, once sent, can be reposted over and over again. You are no longer in control of it.

This guidance is designed to help you if your child is undertaking the Life Skills Web Warriors Programme in Year 5 at school. The programme supports children in making safe choices and staying safe online. Also see our other online safety parental support guide.